

Using Holy Water and Lighting a candle



Using Holy Water

Holy Water is water blessed by a priest. Holy Water is kept in the font and in Holy Water stoops. Holy Water is there to remind us of our baptism. When we use it we dip our right hand fingers in it and trace the sign of the cross over us.

Lighting a candle

Lighting a candle in prayer is a powerful symbol. The lit candle reminds us of our baptism, and the way that we share in the life of Christ and his Church. When we go, leaving the burning candle behind, we are reminded that our souls never leave the presence of God. Lighting a candle is a statement of fighting darkness through the light of Christ that shines from within us. The candle is not a substitute for prayer but an accompaniment.